

MY CITY

MEMBERS ONLY

"Our job is to always be ahead of the curve and share this knowledge with our members to enhance their lives, to know the best restaurants, the latest openings, the hottest holiday destinations or the events that will engage them," says **Annastasia Seeböhm**, CEO of the global luxury lifestyle group Quintessentially (quintessentially.com). Seeböhm notes a shift in luxury from material to experience. "Time—that's the biggest luxury today. People want to maximize it and meaningful experiences are the way to do it." Here, she shares her own Manhattan moments. —PW



TAKING FLIGHT ↑ "One of the best things I've done since arriving in New York is a helicopter tour over the city—totally exhilarating and a great way to see the sights." *From \$199 per person, newyorkhelicopter.com*



NOW IN NYC



SPA DAY ↑ "As I travel so much for my role, a visit to Snow Shimazu, a travel holistic expert at the **Four Seasons Downtown**, is a must." *27 Barclay St., fourseasons.com*



SAIL AWAY ← "For something extra special, a trip on **The Mark Sailboat** in the summer months would be amazing." *25 E. 77th St., themarkhotel.com*



DOCTOR'S ORDERS ← "I was recently introduced to **Dr. Barbara Sturm**, and another firm favorite is the New York Dermatology Group." *Sleep Food, \$95, molecular-cosmetics.com*



HIDE AND SEEK ← "I have just discovered **Holy Ground**, a delicious, classic New York steakhouse with a seductive, hidden-away vibe and the best ribs!" *112 Reade St., holygroundnyc.com*



BEAUTY BUZZ

EASY on the EYES Our eyes tell the story sometimes even before our mouths do. That might be why they're the first to feel the process of aging. Recurring milia, sun damage and crow's feet cannot be stopped forever, but two new treatments—the **REM refresh** technologies (from \$4,000) by Drs. Kristina and Gary Goldenberg and **Trifecta Lift** (from \$6,000) by Dr. Robert Schwarcz—can significantly delay them. The four-step REM refresh process begins with Ulthera to help stimulate collagen production and tightens the skin, thereby decreasing the appearance of undereye bags. Next, fillers lift up the depression between the eyelid and the cheek that collects light and casts an unflattering shadow onto the undereye. After fillers, doctors inject Botox for smoothing out the crow's feet and finish by treating the skin with chemical peels or laser. During the Trifecta Lift, Dr. Schwarcz makes an incision inside the eyelid and removes some of the fat. He utilizes a CO2 laser instead of cutting the skin, which improves texture, and follows up with PRP protein plasma to give the skin vibrancy and improve healing time. The cost of REM refresh is broken out over time, as different clients might wish to undergo less treatments lasting a shorter period of time than others. As the needs and wants differ from one set of eyes to another, so does the procedure. *Goldenberg Dermatology, 14 E. 75th St., goldbergdermatology.com; Dr. Robert M. Schwarcz, 135 E. 71st St., 1A, naturalfacedr.com* —MM

24

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